

Psychology

(PY40S – 1 credit)

Mr. Robson

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Psychology is the scientific study of behaviour and mental processes. It uses the scientific method to discover ways of understanding the complexities of human thought and behavior, as well as differences among people. Studying psychology gives students lifelong skills such as dealing with issues proactively, solving problems, learning, and nurturing healthy relationships. It helps students understand themselves and deal with issues in their own lives such as inner conflicts, relationships with parents and peers, and intimacy. It also helps students understand societal problems like addiction, violence, and prejudice. This course exposes students to the major topics found in the field of psychology. It also emphasizes the issues that are of particular direct interest and relevance to students completing high school. Students explore the scientific methods upon which psychology is based. They can then apply what they learned to their daily lives.

Course Assessment:

Course work (assignments, quizzes, & tests)	75%
Final Exam	25%

Course Outcomes:

Exploring and Communicating Ideas:

Students will explore and share their thoughts, feelings, ideas and experiences related to the field of psychology.

Responding to Media:

Students will comprehend and respond personally and critically to oral, print and other media texts.

Psychological Knowledge and Understanding of Psychological Concepts: Students will be assessed in a variety of methods on their ability to understand basic psychological information and perspectives on topics examined.

Psychological Research and Communication:

Students will be assessed on their ability to select and identify diverse sources of information, interpret and communicate diverse theories and opinions and perform psychological research on various topics.

Students who miss assignment deadlines will receive a mark of "0" until such a time that the missing work is submitted and graded (with late penalty).

Important notes:

- 📌 **This is your education. Please care about it. Be ready to learn every day.**
- 📌 The number one rule in this course is that both the instructor and the students must be respectful - to each other, to themselves, and to their surroundings.
- 📌 **All students are expected to bring a pair of headphones for every class.**
- 📌 Flash drives are not necessary, but a **OneDrive** or **Google Drive** account will be needed if work is to be submitted electronically.
- 📌 Assignments can always be revised and resubmitted (with the exception of the final project & exam) but this should always be discussed with and cleared by Mr. Robson.
- 📌 Students & parents should be in the practice of checking or subscribing to Mr. Robson's web site for class information, deadlines, homework, etc.
- 📌 Student login/ID should be kept SECRET and SECURE. Allowing others access to your account can create major problems and should be avoided.
- 📌 NO VIDEO GAMES in Room 213. Ever.
- 📌 **NO CELL PHONES.** Seriously. Yes, you can survive without it.

Mr. Robson's 3 Golden Rules:

- 📌 Room 213 is a place to LEARN
- 📌 Room 213 should always be a SAFE place
- 📌 Everyone in room 213 should be cooperative and polite.

Expectations:

- 📌 Students need to arrive on time and ready to work every day.
- 📌 Students are always expected to be active participants in class discussions and exercises.

Students and parents are expected to be kept up to date on marks and missing assignments at all times by visiting Powerschool: <http://ps.sjsd.net>

Students need to be aware of and adhere to the SJSD Acceptable Use Agreement:

Access to the Internet provides students with opportunities to utilize interactive tools and sites on public websites that benefit learning, communication and social interaction. Students will be held accountable for the use of any information posted on these sites if it negatively affects others. Teachers may recommend and use public interactive sites that, to the best of their knowledge are legitimate and safe.

Because these sites are public all students must use their discretion when accessing information, storing and displaying work on the site. Teachers will provide students with guidance in this area. This applies to St. James-Assiniboia School Division owned devices as well as student owned devices using the St. James-Assiniboia School Division network.

In Mr. Robson's class, students may be allowed to use personal devices for certain activities, but if the use of personal devices is always at the discretion of the teacher. If allowed in class, they are for educational purposes ONLY. Personal communication or off-topic use is prohibited. Phones, tablets, and iPods should always be left at home or in a student's locker, unless approved by Mr. Robson, who reserves the right to direct students to put away devices as necessary for the learning environment, or confiscate devices that are improperly used or not put away when directed.

Plagiarism

Plagiarism is the use of the words, thoughts, and ideas of another person without acknowledgement. This will include copying from other students currently taking the class or from another semester. Plagiarism will result in the student being given a zero for the assignment, as well as any administrative consequences that are deemed necessary and appropriate.

Course Timeline

Theme 1: Introduction & RESEARCH METHODS

February

- three social sciences
- research methods and the inquiry model
- major branches/approaches of psychology
- psychological research methods and ethics
- careers in psychology

Theme 2: BIOPSYCHOLOGY

March

- biological bases of behavior
- sensation and perception
- motivation and emotion
- stress, coping and health

Theme 3: developmental psychology

April

- life span development
- personality and assessment

Theme 4: cognitive psychology

May

- learning and memory
- thinking and language
- states of consciousness (sleep and dreams)
- individual differences

Theme 5: variations in individual & group behaviour

June

- psychological disorders and treatments
- social and cultural dimensions and behaviour

Review of the Semester/Preparation for Final Exam

June

** exact content and order may change to suit student & teacher needs.*