

Mental Illness

Mental illness: _____

Abnormal behaviour:

- difficult term to use since we cannot determine what is "normal" behaviour in many cases
- psychologists define behaviour that is abnormal if it is characterized by one or more of the following: irrationality, personal suffering or interpersonal maladjustment using criteria such as persistent personal unhappiness, inability to function in society and antisocial behaviour

Mental Illness Myths: _____

Stigma: _____

Causes of mental illness include:

1. _____
2. _____
3. _____

Categories of Mental Illness

Mental illnesses used to be categorized in two main groups (until 1980):

1. _____
2. _____

Psychiatrists and Psychologists use a book called the _____
to classify mental illnesses.

(over→)

Classifications of Mental Illness (APA – 1980):

1. _____
2. _____
3. _____
4. _____
5. _____

Treatment

Often, professional help and advice is required to treat or manage mental illness. Many treatments involve multiple approaches that might involve:
