

Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Motivation Quiz: What motivates YOU?

To determine your dominant needs and what motivates you, circle or highlight a number: 1 (low end of the scale - disagree) through 5 (high end of the scale - agree) that represents your score for each statement.

#	Score					Statement			
	1	2	3	4	5				
1	1	2	3	4	5	I try very hard to improve on my past performance at school.			
2	1	2	3	4	5	I enjoy competition and winning.			
3	1	2	3	4	5	I often find myself talking to those around me about non-school matters.			
4	1	2	3	4	5	I enjoy a difficult challenge.			
5	1	2	3	4	5	I enjoy being in charge.			
6	1	2	3	4	5	I want to be liked by others.			
7	1	2	3	4	5	I want to know how I am progressing as I complete tasks.			
8	1	2	3	4	5	I confront people who do things I disagree with.			
9	1	2	3	4	5	I tend to build close relationships with classmates.			
10	1	2	3	4	5	I enjoy setting and achieving realistic goals.			
11	1	2	3	4	5	I enjoy influencing other people to get my way.			
12	1	2	3	4	5	I enjoy belonging to groups and organizations.			
13	1	2	3	4	5	I enjoy the satisfaction of completing a difficult task.			
14	1	2	3	4	5	I often work to gain more control over the events around me.			
15	1	2	3	4	5	I enjoy working with others more than working alone.			

