PY40S Unit 3 Personality Name:_____

Test One: The Myers-Briggs Type Indicator (MBTI)

Part A: Research the Myers-Briggs Type Indicator (MBTI) and answer the following questions:

- 1. What is the Myers-Briggs Type Indicator?
- 2. How and why the test is used?
- 3. What are the 4 dichotomies (name the 4 pairs)

Part B: Take the free online Myers Briggs test at the following site: <u>http://www.humanmetrics.com/cgi-win/jtypes2.asp</u>

After taking the test answer the following:

- 4. What is your Type (the 4 letters)?
- 5. The explanation of your type (You may also choose to print a copy of the results)

6. Do you agree with the results? Give concrete examples that explain why you think your test results are accurate or why they are not accurate.

Test Two: The Big Five

Part A: Research the Big Five Personality Test and answer the following questions:

- 1. What is the Big Five Personality Test?
- 2. How and why the test is used?
- 3. Explain the dimensions of the 5 traits and the low and high score for each.

Part B: Take the free online Big Five test at the following site: <u>http://www.outofservice.com/bigfive/</u>

After taking the test answer the following:

4. What are your 5 dimensions?

- 5. Give an explanation of your dimensions (You may also choose to print a copy of your results)
- 6. Do you agree with the results? Give concrete examples that explain why you think your test results are accurate or why they are not accurate.